



**Stanford**  
**FOOD INSTITUTE**  
Residential & Dining Enterprises  
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**Marissa Duswalt Epstein, MBA, RDN**

LECTURER  
STANFORD GRADUATE SCHOOL OF BUSINESS

Marissa Duswalt Epstein is a registered dietitian nutritionist and Director of The University of Texas Nutrition Institute, where she leads nutrition education and innovation for students, entrepreneurs, healthcare professionals, and the community.

She teaches courses in nutritional science, nutrition entrepreneurship, and industry innovation in nutrition, health, food, and beverage. Most recently, Marissa led the Health Education, Engagement and Promotion Department at Stanford Health Care, where she developed personalized health education technology, provided direct services in health education, and worked with startups to operationalize new products and technology in the healthcare system. She also developed and taught the course Food, Health, and Nutrition Entrepreneurship at the Stanford Graduate School of Business.

Prior to Stanford, Marissa served at the U.S. Department of Agriculture and on The White House staff of First Lady Michelle Obama as Associate Director of the Let's Move! initiative. She is a Truman Scholar, recognized nationally for her leadership in nutrition. Marissa received her BS in Nutrition with Special Honors from The University of Texas at Austin, where she also earned a BA in Plan II Honors Liberal Arts, graduating Phi Beta Kappa and as a Dean's Honors Graduate. She earned her MBA from Stanford's Graduate School of Business.