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Maya Adam, MD is the director of health education outreach at the Stanford Center for Health Education and clinical assistant professor in the Stanford Department of Pediatrics.

Since 2009, Adam has been teaching courses focused on child health and nutrition at Stanford. Many of her courses are available to the general public as massive open online programs on Coursera. These courses have reached more than 300,000 learners worldwide.

Adam is the author of *Food Love Family: A Practical Guide to Child Nutrition* and the faculty lead for Digital MEdIC South Africa, a Stanford non-profit initiative that produces accessible health education videos for underserved communities in low- and middle-income countries around the world.