Culturally Diverse Food Programs

Stanford Dining serves 12,000 meals every day and our globally inspired menus reflect and celebrate the diversity of cultures, identities, and food preferences that make the Stanford community special. We believe that food can be a great teacher and strive to introduce our students to new foods and food experiences that augment their education and expand their worldview. In partnership with Residential Education, we integrate a number of culturally inspired food concepts and culinary celebrations into the residential experience including:

- Dia de los Muertos - October 28, 2021
- Diwali - November 4, 2021
- Dr. Martin Luther King Jr. Day - January 17, 2022
- Lunar New Year - February 3, 2022
- Black History Month - Every Tuesday throughout February 2022
- Mardi Gras - March 1, 2022
- Ramadan/Eid al Fitr - April 2 - May 2, 2022
- Passover - April 15 -22, 2022
- Cinco de Mayo - May 5, 2022
- Juneteenth - June 19, 2022
- Asian American & Pacific Islander Heritage Month - May 12, 2022
- PRIDE - June 23, 2022

Prioritizing Gender Equality, Diversity, Inclusion in the Kitchen

R&DE Stanford Dining utilizes our dining program as a platform to recognize a diversity of chefs who influence and educate our culinary team and students. Together we are creating critically important food experiences and educational opportunities in support of Stanford's ethnic theme houses. Stanford Dining's pioneering culinary initiatives integrate an inclusive recruitment model with ethical sourcing and collaborative menus, bringing in accomplished women chefs and women chefs of color—including Tanya Holland, Mai Pham, and Iliana de la Vega—to consult and speak about their experiences.

- Red Skillet Kitchen @Lakeside inspired by Tanya Holland - Chef Tanya Holland of Oakland’s Brown Sugar Kitchen and Bravo Top Chef alum brings her inventive take on modern soul food to Red Skillet Kitchen at Lakeside Dining. Students can enjoy Tanya’s interpretations of soul food starring southern classics such as chicken and waffles, smoked meats, grits and greens along with a diversity of cuisine from Africa and the Caribbean. Chef Tanya has been recognized for her many talents by O Magazine, The Wall Street Journal, and Travel & Leisure among other publications, and The City of Oakland declared June 5th, 2012 as Tanya Holland Day for her “Significant Role in Creating Community and Establishing Oakland as a Culinary Center”.

- Cardinal Sage @Stern inspired by Iliana de la Vega - Prominent Mexican-born Chef Iliana de la Vega of Austin’s celebrated El Naranjo restaurant, incorporates her innovative Oaxacan flavors into the menu at Cardinal Sage, located at Stern Dining. The menus offer a range of modern Mexican favorites featuring slow-marinated meats, fresh house-made salsas, and flavorful rice and bean dishes cooked from scratch. In addition to sharing the cuisine of her heritage (El Naranjo has been named “the only real Mexican restaurant in Texas” by local press), Chef Iliana has been granted the prestigious Ohtli award in recognition for her work with the Hispanic population and for furthering Mexican gastronomy.

- Star Ginger @Wilbur inspired by Mai Pham - Nationally-acclaimed Chef Mai Pham of Sacramento’s Lemon Grass Kitchen and Star Ginger showcases her fresh Southeast Asian cuisine at Wilbur Dining’s Star Ginger. Menus feature the bright flavors of Vietnam, Thailand, and beyond, from hearty authentic Thai curries and grilled meats to fresh, flavorful Vietnamese noodle soups and salads. Chef Mai is a pioneer in promoting Vietnamese culture and cuisine in the US and she has been featured by Martha Stewart, NPR and the Food Network, as well as authoring multiple cookbooks on Vietnamese and Thai cooking.

Celebrating Diverse Food Identities & Accommodating Religious Needs

R&DE offers a globally inspired menu including kosher, halal, vegan and vegetarian options. We work across campus with partners such as the Office for Religious & Spiritual Life, Hillel, the Muslim Student Union and The Markaz to support students with religious dietary needs. R&DE Stanford Dining offers a Glatt kosher meal program in Florence Moore in partnership with students, the Office for Religious Life, Hillel and Residential Education. All meals will be prepared and served in our certified Glatt-kosher kitchen under the guidance of R&DE Stanford Dining’s Mashgiach and are available at lunch and dinner seven days a week. Shabbat dinner is served at Hillel on Friday evenings and students are asked to register for Shabbat with Hillel by contacting Leah Newman. R&DE Stanford Dining offers a variety of food options to accommodate the dietary needs of Stanford’s Muslim community. All chicken served in the dining halls is certified halal and halal beef is also available on a rotating basis. We do not cook with alcohol in any of our recipes and we are conscious to avoid cross-contact of pork products during food production. During Ramadan we will provide Suhoor to-go boxes and Iftar meals in the dining halls to keep students well-nourished while fasting. Students in any on-campus residence will have access to halal dining options from R&DE Stanford Dining.

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Offering an Inclusive Dining Experience for those with Food Allergies, Dietary Needs, and Disabilities

R&DE Stanford Dining is committed to providing an exceptional dining experience for our students and we understand the unique challenges and stressors that students with food allergies experience when trying to navigate their dietary needs on campus. Over 15 years ago, R&DE Stanford Dining was the first university dining program in the nation to designate a dining hall as “Nut Free” and we continue to lead by example, partnering with FARE (Food Allergy Research & Education), Stanford’s Office of Accessible Education (OAE), and student advocates to help improve the college experience for students with food allergies through enhanced awareness, accommodations and training. Since launching the Food Allergies @ Stanford program in 2017, our dedicated Food Allergy Program Nutritionist has supported thousands of Stanford students, staff and guests with food allergies and special dietary needs. Our staff works collaboratively with the Office of Accessible Education (OAE) to accommodate students in the dining halls with a range of other disabilities including mobility and access challenges, medical conditions, vision/hearing impairments, and eating disorders.

Ethical Sourcing & Supporting Black Businesses

R&DE Stanford Dining leverages its institutional purchasing power to help reverse the disappearance of Black farms. 98% of Black agricultural landowners have been dispossessed since the 1950s. Today, less than one percent of all farmland is owned by Black farmers. Stanford Dining is committed to helping Black farmers overcome historical barriers--such as systemic racism in lending and access to land and capital--as well as the related inequities caused by these barriers, such as insufficient access to traditional markets and distribution channels. Our vision is to share the purchasing model we develop and disseminate toolkits widely among both Black farmers and college and university foodservice leaders, so that the model can be scaled across the campus dining sector. Our hope is for every volume foodservice purchasing department to think of equitable supply chains in the same way they think about local purchasing: the norm, just as it is to buy local. Long term, the idea is to expand the purchasing model to support Black businesses more broadly, and ultimately increase supply chain diversity across other important underrepresented groups.

Enhancing Inclusive Communications

In support of the IDEAL initiative’s goal to provide equality of access within the Stanford community, R&DE Stanford Dining provides its weekly employee newsletter in their preferred language – English, Spanish, Cantonese, Mandarin, Vietnamese or Tagalog. These newsletters contain important university and department information including email announcements that bargaining unit staff may otherwise not access to. We are also in the process of translating staff training materials into multiple languages to enhance communications about food and workplace safety, food allergies, sustainability, and operational best practices.
Support MCURC leadership in ongoing prioritization of potential action steps (i.e., based on the scale and urgency of the relevant problem(s) a given step can address).

Identify research questions, academic disciplines, and individual researchers to bring a racial equity lens to the existing and future research agenda (including identifying intersections with the three current focus areas of plant-forward diets, food waste reduction, and drivers of consumer food choices).

Identify curricular and co-curricular programs the MCURC can offer and/or help its members offer that ensure equitable access to education about healthy, sustainable food choices.